

Fruits & Vegetable Salad

Makes - 4 Cups

Ingredients

- 1 medium cucumber, grated
- 1 carrot ,grated
- ½ cup cabbage, thinly sliced
- 10 pcs ounces grapes, halved
- ½ pomegranate
- 1 tbsp of coriander leaves, chopped
- 2 cups of curd, whisked
- ½ teaspoon salt
- 2 tsp sunflower seeds

Recipe

- Combine all the ingredients. Refrigerate
- Add salt at the time of consumption